WE ARE the KILLERS

TikTok

ebex

by

Chan Thomas

JIM GRATTAN, M.D.

Who pushed me onto this trail
Thirty-eight years ago

ebex

WE ARE the KILLERS

by Chan Thomas



There is more than print and paper in this book, which was originally scheduled for publishing in March.

Chan Thomas' father became ill with Cancer, and was bedridden in a Boston hospital in February. Chan was called to his father's bedside in March, and did not return to his business until two weeks after his father's death in April.

Since we could not go to press without his final approval of proofs, this printing was delayed.

Perhaps you will feel that he gave a great deal of himself in writing this book. In any case, we join Chan in passing on to you one of his father's last wishes: that it does for you what it could have done for him ten years ago.

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The Cast of Characters



Charcoal broiled food
Broiled meat
Smoked meat
Smoked fish
Smoky automobiles
Industrial smoke
Smoked cheese
Tobacco smoke



These are the characters in our drama.

The roles they play reach into many corners of our lives.

Broiled Steaks and Tobacco smoke

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have been proven to cause Cancer.

A one-pound broiled steak

can equal 300 cigarettes



in Cancer-causing chemistry.



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You could be giving your child Leukemia



.... at mealtime.



You could be giving one of your family

or a dinner guest



Cancer

....with a carefully-prepared meal.



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You could treat your family to a steak at a posh restaurant



.... and expose them all to the possibility of Cancer.

You and all of your family

could be growing tumors in your intestines right now

.... because of the broiled and smoked food you eat.



You could be giving Cancer to an unsuspecting person



who is doing nothing more who is doing nothing more 1 28 of 124

than standing near you in public

....while you are smoking.

Yes....

We are the killers.

We create Cancer and Leukemia, ceaselessly, every day, by the way we live. We expect the medical researchers to come up with a pill....

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a drug....
a vaccine....
an injection....
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.... which will stop the overwhelming march of these diseases. They will not.

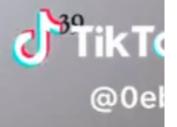
The diseases
will march on,
and win
....and win
....and win

....as long as our personal habits persist.



The pitiful thing is that one person's habits can give another unsuspecting person Cancer....

.... and that a restaurant can be doing the same thing to its customers.



Yes....
We are the Killers.

....But What to Do?

First:
A Decision

Something can be done. We can do better than finding a cure; we can *prevent* Cancer and Leukemia.



It's within our power to stop ourselves from being the killers.

We may not want to, since it may be necessary to change some of our personal habits that we're happy with as they are.



However: for the first time



We can decide

to do what it takes

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to stop being the killers. This book is for you —

to give you the information —

so you can make your decision.

If — after reading this book — your decision is to continue your present habits and *not* change them,

you will be deciding with wide-open eyes to expose yourself

55 01 124

your family your friends



to the odds

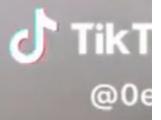
- however small -



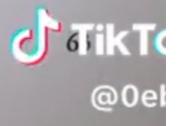
of getting
Cancer and Leukemia....

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You



will be making the decision.

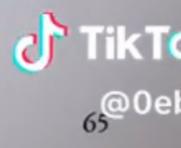


Afterward....

If Cancer or Leukemia strike you or yours,



You will know why.



You decided to take the risk.



Then
you will be
more



Than an unwitting killer.

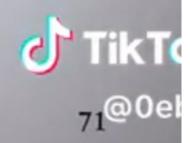
Do's....
Don'ts....
Musts....
Must nots....

Now how are our personal habits tied to being the killers?

Every day of our lives, in some way, we burn organic material.

If you burn wood; if you burn leaves; if you burn tobacco; if you burn any fuel, such as coal, gasoline, or kerosene; if you burn any animal fat or grease; - you are burning organic material.

Remember: organic means "derived from living organisms".



When you burn organic material, some of it is not completely burned - and most of the incompletely burned material is *smoke*.

Lurking in the smoke are complex benzenes. One of the most notorious is Benzo(a)pyrene, a known cause of Cancer.

If you take any of the Benzo(a)pyrene into your body - or put it on
your skin - it can get into your body
chemistry and start Cancer.



It's a gamble. You take the risk of your body chemistry absorbing the Benzo(a)pyrene molecule before it can be thrown off as waste.



- If you smoke, you are taking the risk in your lungs and bloodstream;
- If you eat any broiled food, you are taking the risk in your intestines and body;
- If you eat any smoked meat, you take the same risk;
- If you eat any smoked fish, you take the same risk;
- If you eat grilled or broiled hamburgers, you take the risk;
- If you eat dark toast, or fried potatoes, you take the risk;
- If you eat anything barbecued, you take the risk.

Any cooking which burns or scorches organic material in any way generates Cancer-causing and Leukemia-causing chemistry.

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Smoking generates the same chemistry in the smoke from burning tobacco.

It's like going to the horse races - day after day - and betting on the longest odds horse, the worst nag, every race. You lose, and lose, and lose - but if you keep on betting every race, the chances for your winning on a long-odds horse get better and better.

So: you eat broiled steaks, smoked ham, smoked fish, smoked bacon, smoked luncheon meats, fast fried foods, barbecued foods, smoked cheeses again and again and again - and the chance of burned organic matter entering your body chemistry get bigger, and bigger, and bigger.

Do you know what the most common operation is in hospitals today? - For both men and women? Excision of colonic polyps, which are tumorous growths in the lower intestine - a product of our broiled, smoked, and barbecued food-eating society . . .

What should we do? The answer is straightforward and simple:

STOP subjecting our bodies to consumption of burned organic matter, be it eaten or breathed.



START

doing these things:

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- 1. Roast or boil meat;
- 2. Eat sugar cured meat;
- 3. Fry food slowly (no smoke!);
- 4. Fry only on a clean grill;
- 5. Tan toast don't blacken it;
- 6. Don't let smoke from any source get in your food or in your mouth, throat, nose, or lungs.
- 7. Don't sort out the burned peas, and serve the "good" ones. Throw them all out!
- 8. Don't scrape the burned toast and serve it. Throw it out! and start over again.



- 9. Oven cook steaks. Don't broil them.
- 10. Forget the flaming meat dishes!
- 11. Give up those roasted marshmallows!
- 12. Get smoky cars off the streets!
- 13. Get smokey chimneys de-smoked!
- 14. Burn leaves in your yard only when they're dry.
- 15. Air out the kitchen if you burn something on the stove. Don't try to save some of what you've burned.
- 16. Don't let yourself be tempted to stick something in the broiler "just this once".

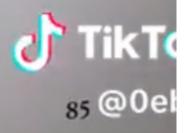
Do you realize that if your community wanted to eliminate Cancer and Leukemia, it could? Think of it!



How about eating places? If customers stopped ordering broiled, barbecued, grilled, and smoked foods, restaurants and drive-ins would find a better way to cook meats.

Roast steaks and hamburgers would become popular.

Yes, restaurants unknowingly sell seeds of Cancer and Leukemia at the table and over the counter . . . but you don't have to buy it.



It's not so bad to change, really. Our family has been living without broiled food for two years, and we like it. We've lost our taste completely for that juicy, charcoal - broiled steak we used to cook in the back yard. Roast steaks really taste wonderful.

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Let's leave the subject of food for a minute. Think this over:

Now a smoky automobile can be regarded as a public health menace.

So can a smoky industrial chimney.



And the socially acceptable smoker who graciously blows his smoke in others' faces in public, and delicately over your food in a restaurant while indulging in his socially acceptable addiction *now* can be regarded as a public health menace . . . as well as a health menace to his own family in the privacy of his own home.

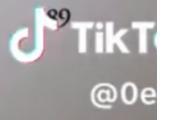
Now we know why.



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But let's have a more serious word about smoking. Benzo(a)pyrene has been proven to be a part of tobacco smoke, and has been proven to be a cause of Cancer. So your smoking habit could give you or someone else Cancer.

Realizing this, you may want to stop smoking, and find that you can't. You just can't.



This brings up a very interesting point. Let's take a look at nicotine:

It's deadly poison, an alkaloid - a drug - in the same chemical family as morphine, strychnine, atropine, and cocaine.

It's a narcotic.

Let's face it. There is only one legally and socially acceptable narcotic addiction: to nicotine. You can buy the stuff over the counter.



If you're a habitual smoker who wants to quit, you might as well face the fact that you must go through withdrawal in order to stop. That's why it's so difficult.

I've talked to smokers all over the country who've tried to stop. Some made it, and some didn't. If you quit, and started again, face it: you didn't stop.

Those who really stopped have such similar stories, it's worth mentioning. Cab drivers, businessmen, housewives, plumbers, porters, all have the same story - the only way most made it through the withdrawal was with prayer. And afterward they seemed to be tasting food again for the first time in years, and smelling the sweet smell of fresh air for the first time in their lives; and best of all, they felt a freedom from an enslavement they didn't realize they were in until it was behind them.

These aren't my stories. They're ex-smokers' words. I'm just passing them on to you.

Now, if you think smoking's worth it

Or that your backyard barbecue is the greatest



Ask

Humphrey Bogart
Jack Carson
Nat "King" Cole
Gary Cooper
John Foster Dulles
Buster Keaton
Dick Powell



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What they think about it.



Also take note that between 1951 and 1961

Deaths from Mouth Cancer rose 29 percent.



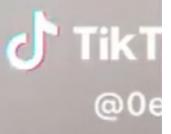
In mouth-cancer deaths Smokers outnumbered Non-smokers



Four to one.



And from 1950 to 1960



Male deaths from lung cancer



rose

73

percent.



The Challenge



Have you ever seen parents who have taken their child to a doctor for treatment, only to find out that he has Leukemia the almost certain killer?



I have. I have seen their faces. They would give anything—

Do you know what that means?
I'll say it again:

anything-

to have

kept that disease away from their child.

But

Would they have felt that same dedication before finding out about their child's condition? Would they?



Would you?



If Cancer Strikes



So Cancer may strike you or yours perhaps it has already. The medical
profession has means of fighting this
disease - which is nothing more than
a nuclear disorder - that guarantee
a high percentage of recoveries.
Removal of the cancer, radiation
treatment, plus detection and analysis
are better than ever.

Put yourself in the doctor's hands immediately. It's the best thing, for they will do all they can.

Remember, though, for every one they cure, they lose two. *Prevention* is still the best medicine.

Now: if you do happen to have Cancer, in spite of your possible feelings of help-lessness, there is something you can do to help your doctors - and yourself.



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Your body proteins need replacement - as they are used up - by new proteins. If you were to make certain that every molecule introduced into your body chemistry had no burned organic matter in it, you would guarantee help from that direction.

When a surgeon cuts out a Cancer, what he fears most is that he may have missed some of it - or that there may be some lurking unobserved somewhere else in your body. If there, it will be the seed of recurrence.

Theoretically, one of the best possible approaches would be to eliminate completely all consumption of aromatics. You could starve the remaining Cancer.

This would be drastic indeed. You'd have to eliminate aromatic amino acids (Phenylanine, Tyrosine) from your dietand heterocyclics such as Tryptophane. A human being needs 2.2 grams per day of Phenylanine.



110 of 124, you can help the situation by consuming only healthy aromatic 6-carbon molecules. Do not allow any product of burned organic matter to enter your body.

> If you start a diet of high protein content, containing healthy aromatics, you could actually be depriving the Cancer of further feeding by bad molecules.

> It could be possible to starve any lurking Cancer which the surgeon couldn't find. You'd replace molecules in your body containing bad aromatics with healthy molecules containing no products of burned organic material.



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So you can help. Follow the rules set down in the first part of this book - no broiled food, no smoked meat or cheese - no smoking. Eat only roasted meats; eat sugar-cured meats, not smoke-cured; do not inhale smoke or even get it in your mouth.

Even if you've had Cancer, you can add years to your life, and be better off than the person who insists on eating broiled or smoked meats, or smoking tobacco, and hasn't had Cancer yet.

Now, because Cancer struck you, how about your family?



Cancer appears to be hereditary because one family will have the same eating and living habits, especially if they live under the same roof. They are all subjected to the same rate of consumption of burned organic matter.

How about communities? Check for yourself the high Cancer rate in locations of the world where smoked fish is the prevalent dish.

Or check the cattle country, where ranchers eat broiled meat almost daily. The correlation becomes too apparent.

Don't count on heredity. It probably is the most insignificant of all factors

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We hope you're well armed with knowledge now; and further, that you're already rolling up your sleeves and going to work on your personal war against Cancer and Leukemia. Good luck.



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The Villain



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Nobody knows exactly what Cancer and Leukemia are. Let's discuss it from a theoretical viewpoint.

- 1. We know Cancer is a nuclear disorder. It takes nuclear radiation to straighten it out. There's the greatest clue of all.
- 2. We know that free radical electron spin resonance indicates 3 electrons in the outer orbit of some "Carbon" atoms; but Carbon must have 4 there.
- 3. We know that although Cancer tissue is alive, it is actually a masquerading dead flesh, something very close to healthy flesh yet not the same.
- 4. We know products of burned living or ex-living matter the aromatic content only contain seeds of Cancer and Leukemia.



Clues. There are more . . . but can we make analytical sense from them?

If there is an atom which can enter the body chemistry in the aromatics and be so close to Carbon that it could masquerade as Carbon chemically, we could have our answer.

Carbon has rings of 4 and 2 electrons, plus 6 protons; also, 6 neutrons.

Suppose we had Carbon with 3 and 2 electrons? Impossible. Let's go further: It could have 3 and 2 electrons if it had 5 protons and 6 neutrons.

But that would be Boron 11 - not Carbon 12! Let's see: yes, Boron 11 can substitute for Carbon 12 chemically.

It can hide in some of the corners of a 6-Carbon aromatic ring and make us believe it's Carbon 12. We know how this



can be accomplished in the simplest benzene molecule, C_6H_6 . It can be $C_3B_3H_6$.

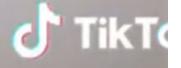
But how does Boron 11 creep into burned organic matter? Therein lies the greatest puzzle of all. The answer hides in the completion of Einstein's equation E=mc2. Completed, it shows that mass has two components: one a constant, or absolute, unchangeable mass; the other a variable, or apparent mass supplied by the atom's outer core energy. The electrons and protons serve as the atom's outer and inner radiation belts; the number of protons generates the strength of the outer core energy zone, consisting of gamma ray wave lengths; and the strength of the energy zone controls how many neutrons can be trapped in the central inner core neutral zone. The pull to the central zone supplied by the energy zone is the pull of gravity.



In burning organic matter, in aromatic rings only, the strength of the energy zone is diminished during incomplete burning to the extent that in some of the Carbon atoms it weakens sufficiently to release one neutron - it just can't keep six neutrons trapped. After cooling, the atoms want that neutron back in a hurry, because their energy zones are restored to full strength.

Each changed atom (now Carbon 11) wants that neutron back so badly that it takes a proton and an electron from its own radiation belts, "sucks" them into its own neutral zone, and there combines them into a neutron. It is then Boron 11.

Perhaps the strongest evidence we have is in the electron spin resonance data, which shows that atoms like Boron 11 are in the flesh before Cancer develops. If they are *like* Boron 11, what else could they be? Not Carbon, certainly. It would have to be Boron 11.



Let's see how this fits the general picture of Cancer and Leukemia. If the bad molecules entered the body chemistry, they would find entry through aromatics - largely in body proteins. Red corpuscles are 40% protein! Also, lymph glands filter out *unused* proteins. You readily can see how Leukemia and Cancer of the lymph glands can be generated in those instances.

How about a cure? Well, if one ever did come along, it would have to be heavily laden with pure aromatic 6-Carbon rings; and it would have to have a carrier which would serve as an active seeker. The carrier would seek out bad aromatics in the body, and provide a "priority system" whereby its healthy aromatic rings would replace the bad molecules, which would then be passed off as waste.



The theoretical aspects could get deeper and deeper. This book is not intended for that purpose - we mean to give you the key and the lock, not all of the engineering drawings.

Take the key - and the lock!

And remember that every day there are those who lose the gamble against Cancer and Leukemia. Do stop gambling, now that you know what it takes.

Stop today.

Nothing beats now.



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The Author



Mr. Thomas attended Dartmouth College and Columbia University, receiving his degree in Electrical Engineering from the latter in 1943.

His work in Cataclysmic Geology led him to new derivations of the inner energy structure of atoms, rotating planets, blue-white stars, galaxies, supergalaxies and universes, or "nature's power plants," as Mr. Thomas calls them.

Correlation of the foregoing structures to molecular structure led to Mr. Thomas' theoretical studies in Cancer and Leukemia, and his startling theory concerning the role nuclear radiation plays in these diseases.

Mr. Thomas is well-known as a scientist, author and lecturer.